

**PATTERN FOR 3-HOUR SESSION
OF THE
GENERAL CONFERENCE PRAYER EVENT**

Each session is identical, so a person can come for one or more. Those who come for a second time can help guide and coach the new participants.

1. Gather as a group and invite each one of us to share our name, church and one good thing God has given to us through the UMC.
2. Instruction in how to use the 50 Days of Prayer resource in our home, in a small group and the church
3. Pray together using one of the meditations from the 50 Days of Prayer
4. Give instruction on how to create a mantle of prayer and pray for the person who will receive it.
5. Time for every participant to make two prayer mantles from silk, using the approved dye and salt.
6. Gather to check in: How is this experience of prayer and creativity feel to you? What questions do you have? Any insights we would like to share with one another?
7. Teach the participants a variety of ways to organize a prayer vigil for the days of the General Conference and encourage to return to their local church and district to help make this happen.
8. Learn the “phase two” technique of painting with rubbing alcohol in the creation of a mantle of prayer.
9. Practice making 2 or 3 more mantles of prayer using this technique.
10. Begin to finish the silks that are dry by removing the salt and the freezer paper, then ironing them for two to three minutes to set the color.
11. Pray together by laying hands on the mantles of prayer, pray for the persons who will receive them, pray for the General Conference as a body, final prayer exercise using our hands and our bodies.
12. Blessing and dismissal at the end of the 3 hours.